



Nº ACTA: 1ª JNCABSOVA

ACTA DE LA COMPETICION.

- **NOMBRE DE LA COMPETICION.**
- 1ª J. NADADOR COMPLETO ABSOLUTO VA
- **FECHA DE LA CELEBRACION.**
16 ENERO 2021
- **NOMBRE DE LA ENTIDAD ORGANIZADORA.**
- FEDERACION CASTILLA Y LEÓN NATACIÓN
- **LUGAR DE CELEBRACION.**
- VALLADOLID
- **NOMBRE DE LA PISCINA.**
- C.P.T.D. RÍO ESGUEVA
- **PISCINA DE 25 M. -8 CALLES.**
- **CLUBES PARTICIPANTES**
SEGÚN HOJA

COMPOSICION DEL JURADO

JUEZ ÁRBITRO: DIEGO RECIO

JUEZ DE SALIDAS: JUAN DÍEZ

JUECES DE VIRAJES / ESTILOS:

JEFE DE CRONOMETRADORES:

CRONO VOLANTE:

CRONOMETRADORES:

EVA TORDABLE

JULIO URIZARNA

LOURDES GRIJALBA

ESTHER SASETA

PABLO COBREROS

MARIA CANO

NIEVES ALONSO

ROSARIO CAPELLAN

CAMARA DE SALIDAS:

LOCUTOR:

PREMIACION:

DURACIÓN COMPETICIÓN:

CRONOMETRAJE ELECTRONICO:

SECRETARIA:

SECRETARIA DE RESULTADOS:

INCIDENCIAS DE LA COMPETICION

- **CERTIFICO LA VERACIDAD DE LOS RESULTADOS EL JUEZ ARBITRO**

Fdo: DIEGO RECIO



1ª J. NADADOR COMPLETO ABSOLUTO VA
VALLADOLID, 16/1/2021

Sumario de inscritos

Todas las pruebas

Club	Código	Pais	Nadadores:			Individuales			Relevos		
			Masc.	Fem.	Total	Masc.	Fem.	Total	Masc.	Fem.	Total
C.D. Torrelago Wellness	01351	ESP	14	14	28	18	17	35	-	-	-
C.N. Bierzo-Ponferrada	00814	ESP	1	-	1	2	-	2	-	-	-
C.N. Castilla-Burgos	00727	ESP	10	13	23	20	26	46	-	-	-
C.N. Leon	00480	ESP	1	-	1	2	-	2	-	-	-
C.N. Morelia	01027	ESP	4	1	5	4	1	5	-	-	-
C.N. Parquesol	P0904	ESP	12	27	39	23	54	77	-	-	-
C.N. Riavall	01005	ESP	4	9	13	4	10	14	-	-	-
Cd Acuatico Leon	01483	ESP	-	1	1	-	2	2	-	-	-
Club Benavente Natacion	P0909	ESP	-	1	1	-	2	2	-	-	-
Número total de 9 clubes			46	66	112	73	112	185	-	-	-



1ª J. NADADOR COMPLETO ABSOLUTO VA
VALLADOLID, 16/1/2021

Prueba 1
16/01/2021 - 16:15

Fem., 200m Braza

Open
Resultados

Puntos: FINA 2020

Clasificación		AN		Tiempo	Pts
1.	URIZARNA GRIJALBA, Carlota	04	C.N. Castilla-Burgos	2:45.09	541
	50m: 38.16 38.16	100m: 1:20.14	41.98 200m: 2:45.09	1:24.95	
2.	GARRIDO REBOLLO, Yara	05	Cd Acuatico Leon	2:51.21	485
	50m: 40.20 40.20	100m: 1:23.84	43.64 200m: 2:51.21	1:27.37	
3.	NOGUERAS GONZALEZ, Angela	02	C.D. Torrelago Wellness	2:52.00	478
	50m: 38.78 38.78	100m: 1:23.19	44.41 200m: 2:52.00	1:28.81	
4.	TORNERO TEJERINA, Alejandra	05	C.N. Parquesol	2:52.74	472
	50m: 39.36 39.36	100m: 1:24.29	44.93 200m: 2:52.74	1:28.45	
5.	UBIerna FERNANDEZ, Lucia	04	C.N. Parquesol	3:02.20	402
	50m: 40.30 40.30	100m: 1:26.15	45.85 200m: 3:02.20	1:36.05	
6.	GONZALEZ DORADO, Claudia	04	C.N. Parquesol	3:02.82	398
	50m: 41.16 41.16	100m: 1:27.14	45.98 200m: 3:02.82	1:35.68	
7.	VIVAR VITORES, Sara	07	C.N. Parquesol	3:05.69	380
	50m: 41.84 41.84	100m: 1:29.04	47.20 200m: 3:05.69	1:36.65	
8.	OTAEGUI QUINTANA, Maria	04	C.N. Castilla-Burgos	3:06.27	377
	50m: 42.34 42.34	100m: 1:28.89	46.55 200m: 3:06.27	1:37.38	
9.	NIKOLAEVA DIMITROVA, Micaela	05	C.N. Parquesol	3:14.21	332
	50m: 43.56 43.56	100m: 1:33.56	50.00 200m: 3:14.21	1:40.65	
10.	VECILLAS CASTRO, Leire	04	C.N. Parquesol	3:14.64	330
	50m: 43.02 43.02	100m: 1:32.35	49.33 200m: 3:14.64	1:42.29	
11.	GONZALEZ ARAUZO, Natalia	08	C.N. Castilla-Burgos	3:15.06	328
	50m: 45.44 45.44	100m: 1:34.95	49.51 200m: 3:15.06	1:40.11	
12.	REVILLA PEREZ, Paula	06	C.N. Parquesol	3:15.16	327
	50m: 43.52 43.52	100m: 1:32.75	49.23 200m: 3:15.16	1:42.41	
13.	NOGUERAS GONZALEZ, Claudia	08	C.D. Torrelago Wellness	3:15.21	327
	50m: 43.63 43.63	100m: 1:33.99	50.36 200m: 3:15.21	1:41.22	
14.	BARRIO ALVAREZ, Aroa	06	C.N. Castilla-Burgos	3:16.09	323
	50m: 43.62 43.62	100m: 1:33.22	49.60 200m: 3:16.09	1:42.87	
15.	MARCOS PALACIN, Rebeca	06	C.N. Castilla-Burgos	3:20.13	304
	50m: 47.34 47.34	100m: 1:37.21	49.87 200m: 3:20.13	1:42.92	
16.	DOMINGUEZ RAMOS, Ana	05	C.N. Parquesol	3:25.01	282
	50m: 46.70 46.70	100m: 1:38.84	52.14 200m: 3:25.01	1:46.17	
17.	NIKOLAEVA DIMITROVA, Victoria	08	C.N. Parquesol	3:25.17	282
	50m: 45.50 45.50	100m: 1:38.04	52.54 200m: 3:25.17	1:47.13	
18.	IBAÑEZ MUÑOZ, Lucia	05	C.N. Castilla-Burgos	3:27.61	272
	50m: 45.62 45.62	100m: 1:38.01	52.39 200m: 3:27.61	1:49.60	
19.	RIOCEREZO SAN ESTEBAN, Ines	06	C.N. Castilla-Burgos	3:32.78	252
	50m: 46.26 46.26	100m: 1:39.52	53.26 200m: 3:32.78	1:53.26	
20.	FRAILE GOMEZ, Lucia	07	C.N. Parquesol	3:37.29	237
	50m: 48.94 48.94	100m: 1:43.66	54.72 200m: 3:37.29	1:53.63	
21.	COLOMER GONZALEZ, Angela	05	C.N. Parquesol	3:48.79	203
	50m: 47.35 47.35	100m: 1:44.76	57.41 200m: 3:48.79	2:04.03	
22.	SIRGO MATEO, Eva	08	C.N. Parquesol	4:03.64	168
	50m: 55.56 55.56	100m: 1:57.89	1:02.33 200m: 4:03.64	2:05.75	
23.	PALOMO DELGADO, Violeta	08	C.N. Parquesol	4:20.26	138
	50m: 57.15 57.15	100m: 2:02.78	1:05.63 200m: 4:20.26	2:17.48	
24.	ASENSIO VEGA, Rebeca	05	C.N. Parquesol	5:44.28	59
	50m: 50.98 50.98	100m: 1:47.91	56.93 200m: 5:44.28	3:56.37	
DSQ	DIEZ PEREZ, Celia	03	C.N. Castilla-Burgos		
DSQ	CORTES MARTINS, Gabriela	07	C.N. Castilla-Burgos		
DSQ	GARABITO DE LA FUENTE, Laura	04	C.N. Parquesol		
DSQ	DIEGO GONZALEZ, Blanca	08	C.N. Parquesol		



1ª J. NADADOR COMPLETO ABSOLUTO VA
VALLADOLID, 16/1/2021

Prueba 2
16/01/2021 - 18:55

Masc., 200m Braza

Open
Resultados

Puntos: FINA 2020

Clasificación	AN	Tiempo	Pts
1. VALENCIANO MIGUELEZ, Adrian 50m: 34.78 34.78 100m: 1:15.57	04 C.N. Leon	2:38.31	437
2. BLANCO ALIJAS, Sergio 50m: 36.73 36.73 100m: 1:17.89	03 C.N. Parquesol	2:39.01	431
3. GARRIDO REBOLLO, David 50m: 35.54 35.54 100m: 1:16.51	01 C.N. Parquesol	2:39.68	426
4. LLORENTE GONZALEZ, Juan Manuel 50m: 36.04 36.04 100m: 1:16.28	05 C.N. Parquesol	2:40.37	420
5. MARTIN ROJO, Fabio 50m: 36.61 36.61 100m: 1:18.51	03 C.D. Torrelago Wellness	2:41.10	414
6. ALONSO BARRIO, Diego 50m: 36.90 36.90 100m: 1:10.59	04 C.N. Castilla-Burgos	2:42.34	405
7. VAZQUEZ LOZANO, Alejo 50m: 35.44 35.44 100m: 1:18.09	04 C.D. Torrelago Wellness	2:48.06	365
8. GIL MORAL, Lucas 50m: 35.71 35.71 100m: 1:18.81	06 C.N. Parquesol	2:50.25	351
9. VEGA FUERTES, Lucas 50m: 39.35 39.35 100m: 1:22.96	04 C.N. Castilla-Burgos	2:52.30	339
10. ALVAREZ REPARAZ, Alejandro 50m: 39.96 39.96 100m: 1:24.41	04 C.N. Bierzo-Ponferrada	2:54.48	326
11. SANCHO PUERTAS, Jose 50m: 39.53 39.53 100m: 1:23.15	05 C.N. Castilla-Burgos	3:00.02	297
12. ACERA BARRIOS, Alejandro 50m: 40.57 40.57 100m: 1:27.01	05 C.N. Riavall	3:05.16	273
13. GARCIA MERINO, Daniel 50m: 43.36 43.36 100m: 1:31.22	06 C.N. Castilla-Burgos	3:11.16	248
14. ALONSO ZORRILLA, Francisco 50m: 43.60 43.60 100m: 1:47.29	06 C.N. Castilla-Burgos	3:41.60	159
DSQ GANGOSO OROBON, Pablo	06 C.N. Parquesol		
Baja enf. ALDEA DIEZ, Marco	01 C.N. Morelia		
Baja enf. ROJO MENCIA, Marcos	04 C.N. Morelia		

Prueba 3
16/01/2021 - 16:39

Fem., 100m Mariposa

Open
Resultados

Puntos: FINA 2020

Clasificación	AN	Tiempo	Pts
1. TORNERO TEJERINA, Andrea 50m: 32.08 32.08 100m: 1:08.37	03 C.N. Parquesol	1:08.37	509
2. TORNERO TEJERINA, Alejandra 50m: 32.53 32.53 100m: 1:08.60	05 C.N. Parquesol	1:08.60	504
3. PINEDA LOPEZ, Nayara 50m: 32.86 32.86 100m: 1:09.79	08 C.D. Torrelago Wellness	1:09.79	479
4. MAESO MELGAR, Cecilia 50m: 33.00 33.00 100m: 1:11.29	04 C.N. Parquesol	1:11.29	449
5. MARTIN LUCAS, Paula 50m: 33.96 33.96 100m: 1:12.67	05 C.D. Torrelago Wellness	1:12.67	424
6. OTAEGUI QUINTANA, Maria 50m: 33.94 33.94 100m: 1:13.04	04 C.N. Castilla-Burgos	1:13.04	417
7. SALVADOR LOPEZ, Alicia Anastasia 50m: 34.64 34.64 100m: 1:13.55	04 Club Benavente Natacion	1:13.55	409



1ª J. NADADOR COMPLETO ABSOLUTO VA
VALLADOLID, 16/1/2021

Prueba 3, Fem., 100m Mariposa, Open

Clasificación				AN		Tiempo	Pts
8.	DOURAL BARRIO, Jimena			06	C.N. Parquesol	1:13.89	403
	50m: 34.96 34.96	100m:	1:13.89		38.93		
9.	DE VENA GONZALEZ, Raquel			05	C.D. Torrelago Wellness	1:14.90	387
	50m: 34.90 34.90	100m:	1:14.90		40.00		
10.	GONZALEZ ARAUZO, Jimena			06	C.N. Castilla-Burgos	1:15.13	384
	50m: 34.44 34.44	100m:	1:15.13		40.69		
11.	CORTES MARTINS, Gabriela			07	C.N. Castilla-Burgos	1:16.06	370
	50m: 33.98 33.98	100m:	1:16.06		42.08		
12.	YAGUE ALONSO, Laura			03	C.N. Parquesol	1:16.38	365
	50m: 33.96 33.96	100m:	1:16.38		42.42		
13.	DIEGO GONZALEZ, Maria			06	C.N. Parquesol	1:16.91	357
	50m: 35.93 35.93	100m:	1:16.91		40.98		
14.	GONZALEZ DORADO, Claudia			04	C.N. Parquesol	1:18.37	338
	50m: 36.68 36.68	100m:	1:18.37		41.69		
15.	FRAILE MARTIN, Paola			06	C.N. Parquesol	1:19.92	319
	50m: 37.06 37.06	100m:	1:19.92		42.86		
16.	RIOCEREZO SAN ESTEBAN, Jimena			03	C.N. Castilla-Burgos	1:21.20	304
	50m: 36.82 36.82	100m:	1:21.20		44.38		
17.	VIVAR VITORES, Sara			07	C.N. Parquesol	1:21.44	301
	50m: 37.14 37.14	100m:	1:21.44		44.30		
18.	IBAÑEZ MUÑOZ, Irene			07	C.N. Castilla-Burgos	1:21.73	298
	50m: 36.78 36.78	100m:	1:21.73		44.95		
19.	ALVAREZ BLASCO, Sofia			06	C.N. Parquesol	1:22.12	294
	50m: 38.16 38.16	100m:	1:22.12		43.96		
20.	MISIEGO SAEZ, Paula			07	C.D. Torrelago Wellness	1:22.53	289
	50m: 38.06 38.06	100m:	1:22.53		44.47		
21.	YAGUE ALONSO, Lucia			07	C.N. Parquesol	1:23.12	283
	50m: 36.74 36.74	100m:	1:23.12		46.38		
22.	NUÑEZ MARTIN, Marina			02	C.N. Castilla-Burgos	1:23.71	277
	50m: 36.52 36.52	100m:	1:23.71		47.19		
23.	SANZ GOBERNADO, Laura			07	C.N. Riavall	1:24.17	273
	50m: 39.04 39.04	100m:	1:24.17		45.13		
24.	ROJO LOPEZ, Martina			08	C.D. Torrelago Wellness	1:24.96	265
	50m: 39.64 39.64	100m:	1:24.96		45.32		
25.	CARRASCAL VENTO, Henar			03	C.N. Riavall	1:26.87	248
	50m: 38.52 38.52	100m:	1:26.87		48.35		
26.	DOMINGUEZ RAMOS, Ana			05	C.N. Parquesol	1:29.19	229
	50m: 40.14 40.14	100m:	1:29.19		49.05		
27.	GARCIA SARACIBAR, Lucia			07	C.N. Parquesol	1:29.78	225
	50m: 41.43 41.43	100m:	1:29.78		48.35		
28.	DIAZ GONZALEZ, Alba			07	C.N. Riavall	1:33.68	198
	50m: 41.94 41.94	100m:	1:33.68		51.74		
29.	DIEGO GONZALEZ, Blanca			08	C.N. Parquesol	1:40.67	159
	50m: 46.52 46.52	100m:	1:40.67		54.15		
30.	COLOMER GONZALEZ, Angela			05	C.N. Parquesol	1:41.41	156
	50m: 42.21 42.21	100m:	1:41.41		59.20		
31.	FRAILE GOMEZ, Lucia			07	C.N. Parquesol	1:44.88	141
	50m: 46.61 46.61	100m:	1:44.88		58.27		
32.	PALOMO DELGADO, Violeta			08	C.N. Parquesol	1:53.57	111
	50m: 50.80 50.80	100m:	1:53.57		1:02.77		
Baja enf.	RODRIGUEZ TEJERINA, Laura			00	C.N. Morelia		
Baja enf.	GARCIA ZARZOSA, Ines			04	C.N. Parquesol		
Baja enf.	CABALLERO MORENO, Sandra			05	C.N. Parquesol		
Baja enf.	MARTIN CABRERA, Silvia			06	C.N. Riavall		



1ª J. NADADOR COMPLETO ABSOLUTO VA
VALLADOLID, 16/1/2021

Prueba 4
16/01/2021 - 19:11

Masc., 100m Mariposa

Open
Resultados

Puntos: FINA 2020

Clasificación		AN		Tiempo	Pts
1.	DE LA FUENTE ALONSO, Diego	06	C.D. Torrelago Wellness	59.82	519
	50m: 28.46 28.46	100m: 59.82	31.36		
2.	AGUADO VESPERINAS, Raúl	98	C.D. Torrelago Wellness	1:03.07	443
	50m: 28.93 28.93	100m: 1:03.07	34.14		
3.	PÉREZ ARBE, Julen	04	C.D. Torrelago Wellness	1:03.24	439
	50m: 29.14 29.14	100m: 1:03.24	34.10		
4.	PEREZ BOCOS, Asier	02	C.N. Parquesol	1:03.75	428
	50m: 29.71 29.71	100m: 1:03.75	34.04		
5.	RENEDO SAEZ, Adrian	03	C.N. Parquesol	1:03.81	427
	50m: 29.51 29.51	100m: 1:03.81	34.30		
6.	ALONSO DE LA CRUZ, Ivan	04	C.N. Parquesol	1:04.41	415
	50m: 30.10 30.10	100m: 1:04.41	34.31		
7.	GARRIDO REBOLLO, David	01	C.N. Parquesol	1:05.59	393
	50m: 29.93 29.93	100m: 1:05.59	35.66		
8.	JIMENEZ OBREGON, Hector	04	C.N. Castilla-Burgos	1:06.81	372
	50m: 30.10 30.10	100m: 1:06.81	36.71		
	MONGIL ADEVA, Oliver	98	C.N. Parquesol	1:06.81	372
	50m: 30.54 30.54	100m: 1:06.81	36.27		
10.	CUENA PAJARES, Mario	06	C.N. Parquesol	1:06.89	371
	50m: 31.44 31.44	100m: 1:06.89	35.45		
11.	RENEDO SAEZ, Hector	05	C.D. Torrelago Wellness	1:07.22	365
	50m: 31.33 31.33	100m: 1:07.22	35.89		
12.	LOBAN JIMENEZ, Hugo	05	C.N. Castilla-Burgos	1:07.42	362
	50m: 31.18 31.18	100m: 1:07.42	36.24		
13.	OTAEGUI QUINTANA, Victor	04	C.N. Castilla-Burgos	1:08.31	348
	50m: 31.04 31.04	100m: 1:08.31	37.27		
14.	MISIEGO SAEZ, Marcos	05	C.D. Torrelago Wellness	1:08.63	343
	50m: 32.14 32.14	100m: 1:08.63	36.49		
15.	ALONSO BARRIO, Diego	04	C.N. Castilla-Burgos	1:08.81	341
	50m: 30.52 30.52	100m: 1:08.81	38.29		
16.	GRACIA NIETO, Ivan	05	C.N. Parquesol	1:09.63	329
	50m: 32.03 32.03	100m: 1:09.63	37.60		
17.	VIRUMBRALES NAVARRO, Pablo	05	C.N. Castilla-Burgos	1:10.20	321
	50m: 32.50 32.50	100m: 1:10.20	37.70		
18.	DELGADO NISTAL, Gonzalo	04	C.N. Castilla-Burgos	1:13.26	282
	50m: 33.14 33.14	100m: 1:13.26	40.12		
19.	VEGA FUERTES, Lucas	04	C.N. Castilla-Burgos	1:19.21	223
	50m: 35.00 35.00	100m: 1:19.21	44.21		
20.	GARCIA MERINO, Daniel	06	C.N. Castilla-Burgos	1:32.86	138
	50m: 41.57 41.57	100m: 1:32.86	51.29		
21.	ALONSO ZORRILLA, Francisco	06	C.N. Castilla-Burgos	1:43.71	99
	50m: 47.85 47.85	100m: 1:43.71	55.86		
Baja enf.	GARROTE ESCALANTE, Fernando	00	C.N. Morelia		
Baja enf.	GARROTE ESCALANTE, Oscar	05	C.N. Morelia		
Baja enf.	TEJEDA ALVARADO, Alejandro	06	C.N. Parquesol		



1ª J. NADADOR COMPLETO ABSOLUTO VA
VALLADOLID, 16/1/2021

Prueba 5
16/01/2021 - 16:57

Fem., 400m Libre

Open
Resultados

Puntos: FINA 2020

Clasificación	AN		Tiempo		Pts
1. DE PABLO GOMEZ, Silvia	07	C.D. Torrelago Wellness	4:38.67	591	
50m: 30.41 30.41	200m: 2:13.02	1:09.39 400m: 4:38.67	1:13.13		
100m: 1:03.63 33.22	300m: 3:25.54	1:12.52			
2. GARRIDO REBOLLO, Yara	05	Cd Acuatico Leon	4:40.04	582	
50m: 31.64 31.64	200m: 2:17.70	1:11.19 400m: 4:40.04	1:10.87		
100m: 1:06.51 34.87	300m: 3:29.17	1:11.47			
3. MAESO MELGAR, Cecilia	04	C.N. Parquesol	4:42.10	570	
50m: 31.22 31.22	200m: 2:16.94	1:11.25 400m: 4:42.10	1:12.88		
100m: 1:05.69 34.47	300m: 3:29.22	1:12.28			
4. SALVADOR LOPEZ, Alicia Anastasia	04	Club Benavente Natacion	4:42.41	568	
50m: 32.26 32.26	200m: 2:19.02	1:11.24 400m: 4:42.41	1:10.94		
100m: 1:07.78 35.52	300m: 3:31.47	1:12.45			
5. URIZARNA GRIJALBA, Carlota	04	C.N. Castilla-Burgos	4:43.02	564	
50m: 32.70 32.70	200m: 2:20.07	1:12.05 400m: 4:43.02	1:10.69		
100m: 1:08.02 35.32	300m: 3:32.33	1:12.26			
6. TORNERO TEJERINA, Andrea	03	C.N. Parquesol	4:45.44	550	
50m: 32.52 32.52	200m: 2:19.85	1:12.78 400m: 4:45.44	1:13.17		
100m: 1:07.07 34.55	300m: 3:32.27	1:12.42			
7. DOURAL BARRIO, Jimena	06	C.N. Parquesol	4:49.52	527	
50m: 33.88 33.88	200m: 2:23.72	1:13.57 400m: 4:49.52	1:12.61		
100m: 1:10.15 36.27	300m: 3:36.91	1:13.19			
8. ALVAREZ BLASCO, Sofia	06	C.N. Parquesol	4:57.67	485	
50m: 34.82 34.82	200m: 2:30.02	1:17.18 400m: 4:57.67	1:10.59		
100m: 1:12.84 38.02	300m: 3:47.08	1:17.06			
9. JIMENEZ GARAY, Aroa	01	C.D. Torrelago Wellness	4:58.89	479	
50m: 33.63 33.63	200m: 2:25.78	1:15.51 400m: 4:58.89	1:16.26		
100m: 1:10.27 36.64	300m: 3:42.63	1:16.85			
10. YAGUE ALONSO, Laura	03	C.N. Parquesol	4:58.92	479	
50m: 32.54 32.54	200m: 2:24.84	1:16.21 400m: 4:58.92	1:17.38		
100m: 1:08.63 36.09	300m: 3:41.54	1:16.70			
11. GONZALEZ ARAUZO, Jimena	06	C.N. Castilla-Burgos	5:03.92	455	
50m: 33.92 33.92	200m: 2:27.26	1:16.57 400m: 5:03.92	1:18.77		
100m: 1:10.69 36.77	300m: 3:45.15	1:17.89			
12. NIKOLAEVA DIMITROVA, Micaela	05	C.N. Parquesol	5:07.19	441	
50m: 34.55 34.55	200m: 2:32.30	1:18.86 400m: 5:07.19	1:16.78		
100m: 1:13.44 38.89	300m: 3:50.41	1:18.11			
13. SANZ GOBERNADO, Laura	07	C.N. Riavall	5:07.93	438	
50m: 35.78 35.78	200m: 2:32.32	1:18.13 400m: 5:07.93	1:17.32		
100m: 1:14.19 38.41	300m: 3:50.61	1:18.29			
14. NOGUERAS GONZALEZ, Angela	02	C.D. Torrelago Wellness	5:08.82	434	
50m: 35.61 35.61	200m: 2:32.46	1:18.49 400m: 5:08.82	1:17.43		
100m: 1:13.97 38.36	300m: 3:51.39	1:18.93			
15. BARRIO ALVAREZ, Aroa	06	C.N. Castilla-Burgos	5:14.06	413	
50m: 35.12 35.12	200m: 2:32.59	1:18.97 400m: 5:14.06	1:20.46		
100m: 1:13.62 38.50	300m: 3:53.60	1:21.01			
16. REVILLA PEREZ, Paula	06	C.N. Parquesol	5:14.69	410	
50m: 35.00 35.00	200m: 2:32.63	1:57.63 300m: 3:55.40	1:22.77	400m: 5:14.69	
				1:19.29	
17. GONZALEZ ARAUZO, Natalia	08	C.N. Castilla-Burgos	5:14.98	409	
50m: 36.39 36.39	200m: 2:36.28	1:20.21 400m: 5:14.98	1:18.14		
100m: 1:16.07 39.68	300m: 3:56.84	1:20.56			
18. VECILLAS CASTRO, Leire	04	C.N. Parquesol	5:15.09	409	
50m: 34.78 34.78	200m: 2:32.59	1:19.88 400m: 5:15.09	1:21.67		
100m: 1:12.71 37.93	300m: 3:53.42	1:20.83			
19. IBAÑEZ MUÑOZ, Irene	07	C.N. Castilla-Burgos	5:16.19	404	
50m: 36.28 36.28	200m: 2:35.71	1:19.96 400m: 5:16.19	1:19.35		
100m: 1:15.75 39.47	300m: 3:56.84	1:21.13			
20. SEGOVIA MORENO, Silvia	04	C.D. Torrelago Wellness	5:18.88	394	
50m: 35.63 35.63	200m: 2:36.12	1:20.99 400m: 5:18.88	1:20.46		
100m: 1:15.13 39.50	300m: 3:58.42	1:22.30			

1ª J. NADADOR COMPLETO ABSOLUTO VA
VALLADOLID, 16/1/2021

Prueba 5, Fem., 400m Libre, Open

Clasificación	AN						Tiempo	Pts
21. NIKOLAEVA DIMITROVA, Victoria	08	C.N. Parquesol					5:19.36	392
50m: 35.91 35.91	200m: 2:38.34 1:22.60	400m: 5:19.36 1:20.23						
100m: 1:15.74 39.83	300m: 3:59.13 1:20.79							
22. ALVAREZ PEQUEÑO, Lucia	04	C.D. Torrelago Wellness					5:25.42	371
50m: 36.00 36.00	200m: 2:39.62 1:23.13	400m: 5:25.42 1:22.77						
100m: 1:16.49 40.49	300m: 4:02.65 1:23.03							
23. DIEGO GONZALEZ, Maria	06	C.N. Parquesol					5:25.92	369
50m: 35.18 35.18	200m: 2:37.76 1:23.79	400m: 5:25.92 1:23.51						
100m: 1:13.97 38.79	300m: 4:02.41 1:24.65							
24. YAGUE ALONSO, Lucia	07	C.N. Parquesol					5:25.94	369
50m: 35.63 35.63	200m: 2:39.57 1:23.74	400m: 5:25.94 1:21.91						
100m: 1:15.83 40.20	300m: 4:04.03 1:24.46							
25. UBIERNA FERNANDEZ, Lucia	04	C.N. Parquesol					5:27.78	363
50m: 36.41 36.41	200m: 2:39.98 1:23.36	400m: 5:27.78 1:24.00						
100m: 1:16.62 40.21	300m: 4:03.78 1:23.80							
26. MISIEGO SAEZ, Paula	07	C.D. Torrelago Wellness					5:31.95	349
50m: 37.60 37.60	200m: 2:43.62 1:23.58	400m: 5:31.95 1:23.40						
100m: 1:18.69 41.09	300m: 4:08.55 1:24.93							
27. FRAILE MARTIN, Paola	06	C.N. Parquesol					5:39.74	326
50m: 37.56 37.56	200m: 2:45.50 1:26.77	400m: 5:39.74 1:26.43						
100m: 1:18.73 41.17	300m: 4:13.31 1:27.81							
28. GOMEZ SEVILLA, Nerea	07	C.N. Riavall					5:44.91	311
50m: 36.45 36.45	200m: 2:48.67 1:29.58	400m: 5:44.91 1:26.88						
100m: 1:19.09 42.64	300m: 4:18.03 1:29.36							
29. CONDÉS ACOSTA, Leire	08	C.N. Riavall					5:46.32	308
50m: 36.20 36.20	200m: 2:48.70 1:29.49	400m: 5:46.32 1:27.73						
100m: 1:19.21 43.01	300m: 4:18.59 1:29.89							
30. NOGUERAS GONZALEZ, Claudia	08	C.D. Torrelago Wellness					5:48.62	302
50m: 38.78 38.78	200m: 2:51.98 1:29.69	400m: 5:48.62 1:27.71						
100m: 1:22.29 43.51	300m: 4:20.91 1:28.93							
31. JUNQUERA DEL AMO, Lucia	04	C.D. Torrelago Wellness					5:49.42	300
50m: 38.53 38.53	200m: 2:48.29 1:27.63	400m: 5:49.42 1:29.26						
100m: 1:20.66 42.13	300m: 4:20.16 1:31.87							
32. RIOCEREZO SAN ESTEBAN, Jimena	03	C.N. Castilla-Burgos					5:53.12	290
50m: 38.70 38.70	200m: 2:51.87 1:30.18	400m: 5:53.12 1:29.37						
100m: 1:21.69 42.99	300m: 4:23.75 1:31.88							
33. NUÑEZ MARTIN, Marina	02	C.N. Castilla-Burgos					5:53.96	288
50m: 36.94 36.94	200m: 2:49.04 1:30.47	400m: 5:53.96 1:30.77						
100m: 1:18.57 41.63	300m: 4:23.19 1:34.15							
34. VAZQUEZ LOZANO, Jimena	01	C.D. Torrelago Wellness					5:55.93	283
50m: 40.26 40.26	200m: 2:53.50 1:28.68	400m: 5:55.93 1:30.44						
100m: 1:24.82 44.56	300m: 4:25.49 1:31.99							
35. DIEZ PEREZ, Celia	03	C.N. Castilla-Burgos					5:56.80	281
50m: 38.06 38.06	200m: 2:54.23 1:32.28	400m: 5:56.80 1:31.00						
100m: 1:21.95 43.89	300m: 4:25.80 1:31.57							
36. GARCIA SARACIBAR, Lucia	07	C.N. Parquesol					5:56.81	281
50m: 38.81 38.81	200m: 2:53.39 1:31.11	400m: 5:56.81 1:31.07						
100m: 1:22.28 43.47	300m: 4:25.74 1:32.35							
37. RIOCEREZO SAN ESTEBAN, Ines	06	C.N. Castilla-Burgos					5:58.00	278
50m: 39.00 39.00	200m: 2:55.70 1:32.79	400m: 5:58.00 1:30.38						
100m: 1:22.91 43.91	300m: 4:27.62 1:31.92							
38. MARCOS PALACIN, Rebeca	06	C.N. Castilla-Burgos					6:03.14	267
50m: 41.06 41.06	200m: 2:56.53 1:32.24	400m: 6:03.14 1:32.24						
100m: 1:24.29 43.23	300m: 4:30.90 1:34.37							
39. SAEZ FERNANDEZ, Lucia	05	C.D. Torrelago Wellness					6:04.74	263
50m: 37.59 37.59	200m: 2:57.31 1:34.64	400m: 6:04.74 1:32.67						
100m: 1:22.67 45.08	300m: 4:32.07 1:34.76							
40. IBAÑEZ MUÑOZ, Lucia	05	C.N. Castilla-Burgos					6:07.85	257
50m: 41.81 41.81	200m: 3:01.33 1:33.78	400m: 6:07.85 1:32.99						
100m: 1:27.55 45.74	300m: 4:34.86 1:33.53							
41. BARRETO ABETE, Nathalia	07	C.N. Riavall					6:15.24	242
50m: 41.22 41.22	200m: 3:02.08 1:34.13	400m: 6:15.24 1:34.25						
100m: 1:27.95 46.73	300m: 4:40.99 1:38.91							



1ª J. NADADOR COMPLETO ABSOLUTO VA
VALLADOLID, 16/1/2021

Prueba 5, Fem., 400m Libre, Open

Clasificación	AN	Equipo	Tiempo	Pts
42. ASENSIO VEGA, Rebeca	05	C.N. Parquesol	6:42.56	196
50m: 43.00 43.00	200m: 3:17.56 1:44.61	400m: 6:42.56 1:40.39		
100m: 1:32.95 49.95	300m: 5:02.17 1:44.61			
43. SIRGO MATEO, Eva	08	C.N. Parquesol	6:47.15	189
50m: 44.22 44.22	200m: 3:19.51 1:44.85	400m: 6:47.15 1:43.57		
100m: 1:34.66 50.44	300m: 5:03.58 1:44.07			
DSQ GARABITO DE LA FUENTE, Laura	04	C.N. Parquesol		
Baja enf. GARCIA ZARZOSA, Ines	04	C.N. Parquesol		
Baja enf. CABALLERO MORENO, Sandra	05	C.N. Parquesol		
Baja enf. SANCHO DÍEZ, Eva	05	C.N. Riavall		
Baja enf. MOREDA VILLA, Nadia	07	C.N. Riavall		

Prueba 6
16/01/2021 - 19:21

Masc., 400m Libre

Open
Resultados

Puntos: FINA 2020

Clasificación	AN	Equipo	Tiempo	Pts
1. ARIAS DIEZ, Mario	05	C.D. Torrelago Wellness	4:07.02	634
50m: 27.98 27.98	200m: 2:00.50 1:02.25	400m: 4:07.02 1:02.91		
100m: 58.25 30.27	300m: 3:04.11 1:03.61			
2. DIEZ CASADO, Sergio	04	C.D. Torrelago Wellness	4:14.12	582
50m: 28.29 28.29	200m: 2:03.51 1:04.21	400m: 4:14.12 1:04.64		
100m: 59.30 31.01	300m: 3:09.48 1:05.97			
3. MARTIN ROJO, Fabio	03	C.D. Torrelago Wellness	4:16.17	568
50m: 28.62 28.62	200m: 2:05.90 1:05.09	400m: 4:16.17 1:04.90		
100m: 1:00.81 32.19	300m: 3:11.27 1:05.37			
4. MARCOS PICADO, Samuel	05	C.D. Torrelago Wellness	4:17.67	558
50m: 28.63 28.63	200m: 2:04.78 1:04.95	400m: 4:17.67 1:06.50		
100m: 59.83 31.20	300m: 3:11.17 1:06.39			
5. PÉREZ ARBE, Julen	04	C.D. Torrelago Wellness	4:22.71	527
50m: 29.30 29.30	200m: 2:08.88 1:07.06	400m: 4:22.71 1:07.25		
100m: 1:01.82 32.52	300m: 3:15.46 1:06.58			
6. GANGOSO OROBON, Pablo	06	C.N. Parquesol	4:26.00	508
50m: 30.22 30.22	200m: 2:11.37 1:07.80	400m: 4:26.00 1:06.87		
100m: 1:03.57 33.35	300m: 3:19.13 1:07.76			
7. MOCHE PRIETO, Ivan	04	C.D. Torrelago Wellness	4:27.51	499
50m: 29.75 29.75	200m: 2:10.72 1:08.07	400m: 4:27.51 1:08.26		
100m: 1:02.65 32.90	300m: 3:19.25 1:08.53			
8. RENEDO SAEZ, Adrian	03	C.N. Parquesol	4:33.08	469
50m: 29.70 29.70	200m: 2:13.09 1:09.70	400m: 4:33.08 1:09.63		
100m: 1:03.39 33.69	300m: 3:23.45 1:10.36			
9. ALONSO DE LA CRUZ, Ivan	04	C.N. Parquesol	4:33.13	469
50m: 30.02 30.02	200m: 2:11.83 1:08.77	400m: 4:33.13 1:10.92		
100m: 1:03.06 33.04	300m: 3:22.21 1:10.38			
10. PEREZ BOCOS, Asier	02	C.N. Parquesol	4:35.00	459
50m: 29.96 29.96	200m: 2:14.12 1:11.08	400m: 4:35.00 1:10.51		
100m: 1:03.04 33.08	300m: 3:24.49 1:10.37			
11. RENEDO SAEZ, Hector	05	C.D. Torrelago Wellness	4:41.93	426
50m: 31.71 31.71	200m: 2:17.92 1:11.52	400m: 4:41.93 1:11.82		
100m: 1:06.40 34.69	300m: 3:30.11 1:12.19			
12. ALVAREZ REPARAZ, Alejandro	04	C.N. Bierzo-Ponferrada	4:42.24	425
50m: 32.04 32.04	200m: 2:18.82 1:12.01	400m: 4:42.24 1:11.41		
100m: 1:06.81 34.77	300m: 3:30.83 1:12.01			
13. GRACIA NIETO, Ivan	05	C.N. Parquesol	4:44.28	416
50m: 31.78 31.78	200m: 2:18.32 1:12.28	400m: 4:44.28 1:12.07		
100m: 1:06.04 34.26	300m: 3:32.21 1:13.89			
14. VALENCIANO MIGUELEZ, Adrian	04	C.N. Leon	4:46.14	408
50m: 31.90 31.90	200m: 2:19.71 1:11.58	400m: 4:46.14 1:12.69		
100m: 1:08.13 36.23	300m: 3:33.45 1:13.74			

1ª J. NADADOR COMPLETO ABSOLUTO VA
VALLADOLID, 16/1/2021

Prueba 6, Masc., 400m Libre, Open

Clasificación					AN					Tiempo	Pts
15.	LLORENTE GONZALEZ, Juan Manuel				05	C.N. Parquesol				4:48.21	399
	50m:	32.60	32.60	200m:	2:21.65	1:13.74	400m:	4:48.21	1:12.72		
	100m:	1:07.91	35.31	300m:	3:35.49	1:13.84					
16.	MISIEGO SAEZ, Marcos				05	C.D. Torrelago Wellness				4:49.17	395
	50m:	31.47	31.47	200m:	2:20.51	1:13.78	400m:	4:49.17	1:13.57		
	100m:	1:06.73	35.26	300m:	3:35.60	1:15.09					
17.	JIMENEZ OBREGON, Hector				04	C.N. Castilla-Burgos				4:51.90	384
	50m:	31.53	31.53	200m:	2:18.84	1:12.47	400m:	4:51.90	1:17.99		
	100m:	1:06.37	34.84	300m:	3:33.91	1:15.07					
18.	OTAEGUI QUINTANA, Victor				04	C.N. Castilla-Burgos				4:52.20	383
	50m:	32.08	32.08	200m:	2:17.78	1:12.51	400m:	4:52.20	1:16.51		
	100m:	1:05.27	33.19	300m:	3:35.69	1:17.91					
19.	CUENA PAJARES, Mario				06	C.N. Parquesol				4:52.23	383
	50m:	32.83	32.83	200m:	2:24.23	1:14.81	400m:	4:52.23	1:12.98		
	100m:	1:09.42	36.59	300m:	3:39.25	1:15.02					
20.	VIRUMBRALES NAVARRO, Pablo				05	C.N. Castilla-Burgos				4:52.51	382
	50m:	32.81	32.81	200m:	2:24.39	1:15.41	400m:	4:52.51	1:12.62		
	100m:	1:08.98	36.17	300m:	3:39.89	1:15.50					
21.	LAZARO CASTAÑO, Bruno				05	C.D. Torrelago Wellness				4:54.71	373
	50m:	33.70	33.70	200m:	2:27.31	1:16.47	400m:	4:54.71	1:11.54		
	100m:	1:10.84	37.14	300m:	3:43.17	1:15.86					
22.	DELGADO NISTAL, Gonzalo				04	C.N. Castilla-Burgos				4:55.08	372
	50m:	33.16	33.16	200m:	2:26.08	1:15.97	400m:	4:55.08	1:12.57		
	100m:	1:10.11	36.95	300m:	3:42.51	1:16.43					
23.	LOBAN JIMENEZ, Hugo				05	C.N. Castilla-Burgos				5:02.40	345
	50m:	32.81	32.81	200m:	2:28.40	1:18.37	400m:	5:02.40	1:15.78		
	100m:	1:10.03	37.22	300m:	3:46.62	1:18.22					
24.	PÉREZ FRANCISCO, Marcos				05	C.N. Riavall				5:02.56	345
	50m:	32.34	32.34	200m:	2:27.26	1:18.31	400m:	5:02.56	1:16.09		
	100m:	1:08.95	36.61	300m:	3:46.47	1:19.21					
25.	BLANCO ALIJAS, Sergio				03	C.N. Parquesol				5:07.88	327
	50m:	27.96	27.96	200m:	2:23.22	1:22.47	400m:	5:07.88	1:21.43		
	100m:	1:00.75	32.79	300m:	3:46.45	1:23.23					
26.	PERDICES GARCÍA, Esteban				04	C.N. Riavall				5:11.88	315
	50m:	32.60	32.60	200m:	2:29.92	1:19.59	400m:	5:11.88	1:20.53		
	100m:	1:10.33	37.73	300m:	3:51.35	1:21.43					
27.	MARCOS PICADO, Pablo				01	C.D. Torrelago Wellness				5:13.07	311
	50m:	32.65	32.65	200m:	2:31.17	1:20.51	400m:	5:13.07	1:20.20		
	100m:	1:10.66	38.01	300m:	3:52.87	1:21.70					
28.	LAZARO DELGADO, David				67	C.D. Torrelago Wellness				5:13.65	309
	50m:	34.96	34.96	200m:	2:33.53	1:20.52	400m:	5:13.65	1:18.25		
	100m:	1:13.01	38.05	300m:	3:55.40	1:21.87					
29.	GIL MORAL, Lucas				06	C.N. Parquesol				5:16.06	302
	50m:	32.78	32.78	200m:	2:30.98	1:19.89	400m:	5:16.06	1:22.05		
	100m:	1:11.09	38.31	300m:	3:54.01	1:23.03					
30.	SANCHO PUERTAS, Jose				05	C.N. Castilla-Burgos				5:50.61	221
	50m:	37.10	37.10	200m:	2:47.84	1:29.83	400m:	5:50.61	1:30.94		
	100m:	1:18.01	40.91	300m:	4:19.67	1:31.83					
Baja enf.	TEJEDA ALVARADO, Alejandro				06	C.N. Parquesol					
Baja enf.	FRAILE GUTIERREZ, Raul				02	C.N. Riavall					